



RELIGIOUS FORMATION CONFERENCE **2017 CONGRESS**

**Biennial National Congress
November 16-18, 2017**

*Congress Seminar
November 17, 2017*

Being Human and Sexual: An Evolving Understanding

In order to foster the health and well-being of newer members, it is imperative that formators are knowledgeable about human and psychosexual development. Our understanding of being human, our first vocation, as well as what it means to be sexual has expanded due to the integration of insights from spirituality and psychology. In this seminar, we will focus on some fundamental understandings (e.g., aspects of being human, meeting human needs, the importance of intimacy, and the centrality of relationships). In addition, we will explore how sexual diversity and technology are integral to the lives of potential newer members. These understandings are essential for each formator's ability to accompany authentic discernment of any vocation, especially a vocation to a celibate life in community.



Lynn M. Levo, CSJ, a Sister of St. Joseph of Carondelet, is a licensed psychologist, lecturer and consultant. She received her Ph.D. from the University of New York at Albany, completing her clinical training at The University of Kansas School of Medicine. Currently a consulting psychologist in private practice, she offers workshops and presentations throughout the United States and internationally.

On numerous occasions, Sister Lynn has shared her gifts with RFC and in 2015 was the recipient of the Conference's Mary Emil Penet Award, in recognition of her outstanding contribution to the initial and lifelong formation of vowed religious.

This seminar will be offered once and will consist of two parts.